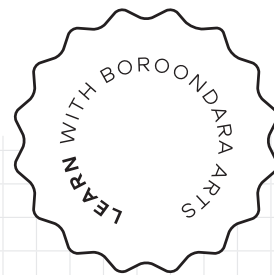
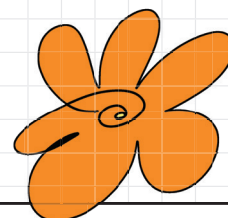




Letters to My Future Self



Letters to My Future Self



Today, young people are encouraged to develop the skills, knowledge and world views necessary to ensure the earth is looked after by the community.

About this resource

The 'Letters to My Future Self' education resource provides students with an opportunity to:

- express and develop world views
- understand and appreciate the need for collaboration within and between communities, and
- implement more sustainable patterns of living.

In this learning area, students will use the exploratory and creative platform of the Arts, to advocate for effective action on sustainability.

This education resource is aimed at Levels 3/4 and 5/6, with direct links to the Victorian Curriculum Levels 5/6 (Science, Capabilities and Technologies).

The Victorian Curriculum content this education resource links to:

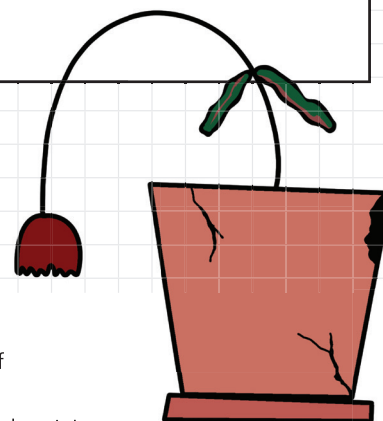
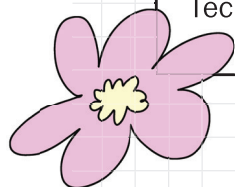
- Science as a human endeavour (VCSSU056 and VCSSU073)
- Creative Thinking, (specifically VCCCTM029 and VCCCTM031), and
- Design and Technologies (VCDSTS033).

How to use this resource

Students will watch the introduction video 'Letters to My Future Self' on the City of Boroondara website at: boroondara.vic.gov.au/letters-to-my-future-self

After watching the video, students will consider individually or in small groups:

- What is the life cycle of a material product?
- What does sustainability mean?
- What makes a process and product sustainable?



More Information:

Letters to My Future Self was developed as part of the Learn with Boroondara Arts program.

For more information about the Learn with Boroondara Arts program, education resources and activities, please contact us:



Letters to My Future Self

THINKING ACTIVITY: THE PLASTIC PROBLEM

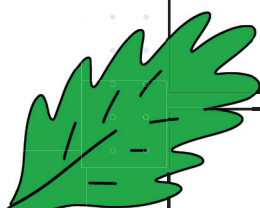
In the 'Letters to My Future Self' video, we explored the ways we are using less plastic to care for our environment every day.

1. What single-use plastic products do you use each day?
Complete in the first column below (single-use plastics), list three products.
2. Do you think there is an alternative reusable or more sustainable item which could replace the single-use plastic item? **Complete second column (alternative to single-use plastic).**
3. Can you explain how the alternative product is more sustainable? **Write down your thoughts in the third column.**

Definition

Single-use plastics: single-use plastics are items which are used once, then thrown away.

Single-use plastic item <i>Example: Plastic straw</i>	Alternative to single-use plastic <i>Example: Paper straw</i>	Difference between the two items <i>Example: A plastic straw isn't biodegradable, but a paper straw is and can be recycled.</i>





Letters to My Future Self

THINKING ACTIVITY: THE PLASTIC PROBLEM

In the 'Letters to My Future Self' video, we were asked to think about alternatives to single-use plastics.

1. Write down one single-use plastic product (that you didn't list in the previous activity).
2. Can you imagine what the alternative to the single-use plastic product could be? Explain:
 - a. What would it be made out of?
 - b. How would it be sustainable for our Earth?
 - c. What does it feel like?
 - d. Could it be used for more than one purpose?
3. **Design and draw your prototype in the box below.**





Letters to My Future Self

CREATIVE WRITING ACTIVITY: WRITE A LETTER TO YOUR FUTURE SELF

In the 'Letters to My Future Self' video, we were asked why we want to make the world a more sustainable place.

Are there any promises today you could make to your future self, to ensure that the world is a better place?

Why not write a letter to that person?

This letter will be a time capsule to yourself, to open when you are 18 years old.

Once you have written your letter, use the template to make a satchel for your letter. Don't forget to put your name and address on the front.

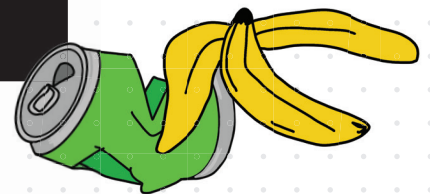


Image depicting rubbish and single-use plastics surrounding a dying flower.



Date

Dear 18-year-old me,
A sustainable world is a place where...

.....
.....
.....

To make sure the world is more sustainable in the future, I will...

.....
.....
.....

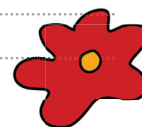
If I do not keep these promises, I will miss...

.....
.....
.....

Remember, it is important to take action for a sustainable future because...

.....
.....
.....

See you soon!
From,
..... -year-old me



**“Never doubt that a small group of
thoughtful, committed citizens can
change the world; indeed, it’s the only
thing that ever has.”**

Margaret Mead



SACHEL TEMPLATE

BOROONDARA ARTS

