

# Add **life** to your years

[www.boroondara.vic.gov.au/add-life](http://www.boroondara.vic.gov.au/add-life) 

Have you always wanted to get creative through art or craft?  
Learn a new language? Achieve a personal fitness goal?

**There are many ways for you to add life to your years in Boroondara.**

The new over 55s section on our website provides information on local health and wellbeing opportunities across Boroondara. Search for over 600 local activities, services and events... all in just a couple of clicks!



## Increasing your fitness

Have fun and stay healthy with sport and regular exercise



## Expanding your knowledge

Learn new things to help keep your brain active and healthy



## Exploring your creativity

Take on a creative course while having fun and keeping social



## Making new friends

Meet new people at social clubs, interest groups or through volunteering



## Having a great experience

Get out and about, explore and support all your local area has to offer



## Enhancing your life at home

Stay active and connected at home with our online resources