

提供服務

您是長者嗎？

市政府的健康、長者與殘疾服務處協助長者和/或殘疾人士繼續在家和社區裏獨立生活。

市政府可幫助符合條件的居民安排居家護理、個人護理、暫息護理、房產維護、交通與送餐上門事務。

下列人士可享受我們的服務：

- 年老體弱
- 身患殘疾
- 需要照顧年老體弱或殘疾人士。

需要支付服務費用

可根據收入情況、支付能力和服務類型予以補貼服務費用。

此外，健康、長者與殘疾服務處也可協助您獲取很多社交支持活動。這些活動均在當地舉辦，帶來了社交互動與強化獨立性的機會，並給護理人員帶來暫息機會。

社交支持計劃包括：

- 太極
- 華人長者俱樂部
- 散步團體
- 水療
- 藝術與手工藝
- 參觀圖書館
- 娛樂與休閒中心
- YMCA
- 等等。

欲知詳情

請致電9278 4777聯絡健康、長者與殘疾服務處。若需電話傳譯員協助，則請致電13 14 50聯絡翻譯及傳譯服務處(TIS)，安排免費傳譯服務。

欲知詳情，請瀏覽：www.boroondara.vic.gov.au。

Are you a senior citizen?

Council's Health, Ageing and Disability Services team assists residents who are older and/or who have a disability to continue living independently at home and in the community.

Council can help eligible residents with home care, personal care, respite care, property maintenance, transport and home delivered meals.

You may be eligible for our services if you:

- are frail aged
- have a disability
- are a carer of a person who is frail aged or who has a disability.

Fees for services apply

They are subsidised based on income, ability to pay and service type.

There are also many social support activities that Health, Ageing and Disability Services can assist you to access. These take place locally and provide opportunities for social interaction and greater independence, and respite for carers.

Social Support Programs include:

- Tai Chi
- Chinese Senior Citizens Club
- Walking groups
- Hydrotherapy
- Arts and crafts
- Library visits
- Recreation and leisure centres
- YMCA
- And more.

For more information

Contact Health, Ageing and Disability Services on 9278 4777. If you require a telephone interpreter, a free service is available by phoning the Translation and Interpreting Service (TIS) on 13 14 50.

Visit: www.boroondara.vic.gov.au for more information.