



Bowen Street Community Centre

Term 1: 1 February - 30 March Term 2: 16 April - 29 June 2012

LANGUAGES/COOKING & PERSONAL SKILLS

Italian Beginners

A gentle introduction to Italian in a small friendly group setting. No prior knowledge required.
Tues 7 Feb - 27 March (8 wks)
9.30-11.30am \$150 & \$30 for book

Italian Beginners - Next Step

One step up from the basics. Expand your conversation and grammatical knowledge.
Tues 24 April - 12 June (8 wks)
9.30-11.30am \$150 & \$30 for book

French Beginners

Ready for your travel to Paris? Come and learn the basics.
Tues 7 Feb** - 27 Mar (8 wks)
Tues 24 April* - 12 June (8 wks)
12-1pm \$100 & \$26 for book

French Beginners - Next Step

Mastered the basics of the language but wish to keep learning.
Tues 7 Feb* - 27 Mar (8 wks)
Tues 24 April* - 12 June (8 wks)
1.15-2.15pm \$100 & \$26 for book

French Advanced

A focus on conversation. Come and enjoy the discussions.
Tues 7 Feb* - 27 Mar (8 wks)
Tues 24 April* - 12 June (8 wks)
2.30-3.30pm \$100 & \$26 for book

*Introduction Session -

7 Feb or 24 April ALL STUDENTS
Come and meet the tutor to confirm appropriate level for your needs
12-2pm - All levels use Colloquial French Text book.

English Conversation

For those with a non English speaking background. Informal conversation and a cuppa. Celebratory lunch included at end of term.

Supported by Foundation Boroondara.

Expressions of interest for formal ESL class for terms 3 & 4
Thurs, commencing 9 Feb 9.30-11am
Gold Coin Donation.

French Conversation

Enjoy informal French conversation & company
Wed 15 Feb - 28 March (7 wks)
Wed 6 May - 27 June (6 wks)
7- 8.30pm Gold Coin donation

Gluten Free Cooking

Gluten Intolerant? Coeliac? Needing new ideas?
Wed 30 May - 20 June (4 wks)
7-9pm \$150

Southern Italian Cooking

Come, learn to cook and sample different Italian dishes. Enjoy and take home new recipes to try.
Tues 24 April - 15 May (4 wks)
6.30-8.30pm \$130

Meatless Indian Cooking

Vegetable curries, naan, and your favourite Indian meals.
Tues 22 May - 5 June (4 wks)
7.30-9.30 \$120

Kids Lunch Box Ideas

It's the start of the school year, so learn some new ideas to start you off.
Mon 13 Feb 7-9pm \$30
Includes product sampling (yum)

First Aid - Level One

Covers CPR, EAR, first aid kits, asthma, sprains, strains, burns, bites, bandaging and more!
Sat 26 May 9am- 3pm \$99

Once you've completed a course, you can claim for part of the cost, by providing your health provider with a receipt. You can claim up to 50% of the cost of the course. Does not apply to all funds - contact your Health Fund for rebate eligibility.

Tool Maintenance & Pruning

How to keep tools clean and sharp. Effective pruning and why?
By Fran Penna www.franipeni.com.au
Mon 21 May 7- 8.30pm \$15

Consumer Affairs Information Sessions

Landlords & investors considering residential property. Understanding your rights and responsibilities.
Mon 27 Feb 6-7.30pm FREE

General Consumer affairs information

Your buying and selling rights and responsibilities, and the role of Consumer Affairs.
Mon 21 March 1.30-2.30pm

Retirement Village Options.

Are you considering a retirement village? Learn your rights and responsibilities.
Wed 2 May 1.30-2.30pm

Wiser Driver Course Two courses - FREE

Improve your confidence on the road and refresh your driving knowledge. For drivers aged 55+ and is facilitated by the Hawthorn Community Education Centre. Includes car roadworthiness, road rules, the impact of ageing, handling difficult driving situations, trip planning, retaining your licence and driver well-being. Small friendly group. **Sponsored by Boroondara Council and Bib Stillwell BMW**

Thurs 9 Feb - 1 March (4 wks)
Thurs 19 April - 10 May (4 wks)
1.30-3.30pm Free

Come and learn about the history of Camberwell

Come and meet a local resident who has explored this topic.
Wed 2 May - 23 May (4 wks)
7- 8pm Gold Coin donation

OTHER ACTIVITIES

- Room Hire for Community Groups
- Support Groups:
CAMBA - Multiple Birth Assoc.
- Birthday Party Hire Weekends
Pre-school parties only
- Playgroups incl.
 Chinese speaking playgroup

**BOWEN STREET
COMMUNITY CENTRE
Enrolment form and
course brochure can
be downloaded from
our website
www.bowenstreet.org.au**

(PLEASE TURN OVER FOR MORE COURSES)

Bowen Street Community Centre 102 Bowen St Camberwell

Ph: 9889 0791 **Fax:** 9889 0057 **Email:** enquiries@bowenstreet.org.au

Website: www.bowenstreet.org.au

Bowen Street Community Centre

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Concession Rates offered for pensioners, seniors and full time students for most courses.

HEALTH & FITNESS

Walking Group

Meet at Bowen Street for a one hour walk then a cuppa. Expressions of interest being taken for a walking group leader.

Thurs 10-11am Gold Coin Donation
Call to book in.

Yoga

Wednesdays 9.30-10.30am

@ Andersons Park Community

Meeting Room

Andersons Rd Reserve, Hawthorn East

Wednesday evenings @

Bowen St Community Centre

Ph: Jane 95696858

Relaxation/Meditation

Saturday afternoons

Ph: Julie 9509 6858

HearService - Free adult hearing checks

A division of Victorian Deaf Society- not for profit organisation
Monday mornings, 4th Monday of month.

Call 9473 1133 or email info@hearservice.com.au to book in

Balance Back to Exercise - for older adults

Small group, strength and resistance training with strong focus on balance and stretching. Program will incorporate work from a chair where required.

Wed 15 Feb - 28 March (7 wks)

10-11am \$84

Wed 18 April - 27 June (10 wks)

(No class 25 April)

10-11am \$120

@ St Mary's Church Hall, opp. Bowen St Community Centre

CHILDREN & TEENS INC. SCHOOL HOLIDAY PROGRAMS

Monkey's Music groups

Preschool music. www.nicolemoffat.com for course information.

Thurs 16 Feb - 29 March (7 wks)

10-10.45am Child \$56, Family \$ 84

Thurs 26 April - 28 June (10 wks)

@ Andersons Park Community

Meeting Room

Andersons Rd Reserve,

Hawthorn East

10-10.45am Child \$80, Family \$120

Babysitting Education and First Aid for Teens

Gain skills and confidence to look after children/young babies. Incl. child development, management, behavior, safety, play AND first aid level 1. Certificate on completion.

Supported by City of Boroondara

Wed 4, 11 & 12 April or

Wed 4, 11 & 12 July

9.30am-3pm morning tea inc. \$50

Yoga for children

www.resonateyoga.com.au

Tues 3 & 10 April - Primary age

Tues 3 & 10 July - Early secondary age

9.30am-12.30pm \$72

Teen Sewing

Create an animal door stopper or a personalised heat pack

10, 11, 12 & 13 July

1.30-3.30pm \$80 (incl. materials)

WORK SKILLS & COMPUTERS

Medical Reception

Covers medical terminology, reception and administration. Ideal training for f/t or p/t work in medical office. Certificate of attendance will be issued on completion.

Wed 15 Feb - 30 May (13 wks)

(No class 4, 11 & 25 April)

9.30am-12.30pm \$345

(includes medical dictionary)

Introduction to Computers

A relaxed introduction for beginners.

Learn about software, hardware, starting and using applications, file management and more.

Fri 17Feb - 16 March (5 wks)

10am - 12pm \$150

Keep your computer running smoothly

Tuning up your software, removing rubbish (to speed up programs), reinstalling operating systems, etc.

Sat 3 March

9.30am-12.30pm \$50

Introduction to Internet & Email

Sessions include web search, setting up a personal web email address and emailing.

Fri 10 Feb - 2 March (4 wks)

12.30- 2.30pm \$140

Ebay

Learn how to buy and sell on Ebay.

Includes setting up an account, privacy and security settings

Fri 9 - 23 March (3 wks)

Fri 15 - 20 June (3 wks)

12.30-2.30pm \$105

Basic Wordprocessing

Produce professional looking documents. Assumes basic computer literacy.

Fri 20 April - 18 May (5 wks)

10-12pm \$150

Website Design

Learn how to build a website and go live! Assumes good mouse skills & familiarity with windows

Fri 25 May - 29 June (6 wks)

10am-12pm \$210

Intro to Social Networking

Facebook, Myspace, Google Plus, Linked In

Thurs 9 Feb - 1 March (4 wks)

7.30-9.30pm \$140

Introduction to MYOB

Designed to help you use MYOB to manage your finances, both business and personal.

Thurs 19 April - 24 May (6 wks)

7.30-9.30pm \$210

Introduction to Blogging

How to set up your own blog site, add to it and change it.

Thurs 8 - 29 March (4 wks)

7.30-9.30pm \$140

Basic Bookkeeping

Ideal introduction to lead you into a job. Accounts receivable, payable and more - come and learn how to do it yourself.

Tues 14 Feb - 20 March (6 wks)

7-9pm \$115

iAnything - iPads, iPhones, iTunes, iPods - and even iCloud

With a focus on the latest from Apple, come and learn more about these products and some of their uses - whether you are using anything "i" - all questions welcome.

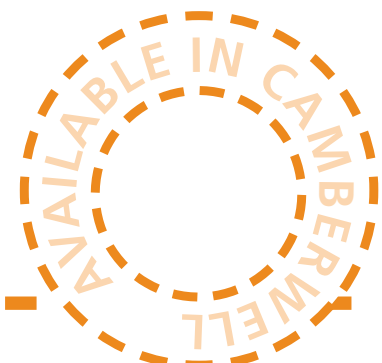
(We are not affiliated with the Apple Company, just providing helpful information for our local community- NO selling involved!)

25 Feb & 5 May 9.30am-12.30pm \$60

One on One Computers

Volunteer provided, individual support offered to suit your needs Tuesday evenings and other times if available.

\$10 per hour session



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