

Ashburton Community Centre – ACC

ABN 55 622 841 337

160 High Street, Ashburton, 3147

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Email: enquiries@ashburtoncc.org.au

www.ashburtoncc.org.au

Office Hours: Monday to Friday 10am - 4pm



PROGRAMS - SEMESTER 1, 2012

Term 1 : January 30th - March 30th

Term 2 : April 16th - June 29th

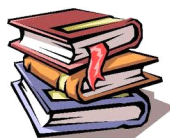


Reading, Cards & Games

Book Group

Share your pleasure of reading with other like minded people. This group runs in conjunction with CAE.

1st Wednesday of each month or
1st Thursday of each month
1.00pm - 3.00pm
\$3.00 per session



Bridge Group

Bridge is one of the most popular card games in the world. Improve your game with a group of friendly players.

Tuesday 11.45am - 3.45pm
\$4.00 per session

Mah-Jong (Western) Group

Mah-Jong involves skill, strategy and calculation, as well as a certain degree of luck. Join our weekly players as they try their luck.

Wednesday 9.15am - 12.15pm or
Friday 12.30pm - 3.45pm
\$4.00 per session



Mah-Jong (Western) Class

Haven't played before but would like to learn how? Be taught by an experienced instructor.

Friday 12.45pm - 3.00pm
4 classes plus 1 playing session \$40.00

Exercise & Wellbeing

Exercise to Music (50+)

Improve your fitness as a qualified exercise instructor guides you through a program of gentle exercises to music.

Monday 11.30am - 12.30pm
Tuesday 9.30am - 10.30am
Friday 9.30am - 10.30am
\$6.50 per session



Keep Fit

This enjoyable class with an instructor is a great way to make friends, have fun and keep fit. Includes weights, stretching, cardio fitness and specific strengthening exercises.

Tuesday 10.45am - 11.45am
Friday 11.00am - 12.00pm
\$6.50 per session



Walking for Health & Fitness

Low intensity exercise for mature adults. Explore the local area in the company of fellow walkers for fitness. Comfortable clothing and firm walking shoes are advised.

Wednesday 10.00am - 11.00am
Thursday : departs ACC 10.00am
\$1.00 per session



Exercise & Wellbeing

Golf for Beginners

The Riversdale Gold Club Pro will introduce you to the game of golf. Equipment and information booklet will be provided. Dress standards apply on the course and in club rooms.

For bookings and schedule please contact ACC



Yoga (Hatha)

Yoga is an ancient system of breathing practices, physical exercises and postures intended to integrate the practitioners body, mind and spirit.

Continuing Monday

9.30am - 10.30am (8wks) \$110.00

Beginners Tuesday

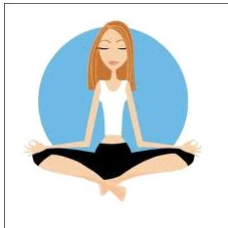
9.30am - 10.30am (8wks) \$110.00

Continuing Thursday

6.30pm - 7.45pm (8wks) \$135.00

Beginners Thursday

8.00pm - 9.00pm (8wks) \$110.00



Your Healthy Spine

In this course you are taught flexibility, improved posture, how to reduce muscle tension, pain & stress leaving you feeling more comfortable. Highly suitable for neck, back or shoulder complaints and issues. Bring a blanket and cushion for your neck.

Wednesday 12.00pm - 1.30pm (8wks) \$125.00

Thursday 7.30pm - 9.00pm (8wks) \$125.00

Languages



French Conversation

Conducted in French, this class covers culture, etiquette and social aspects of the language. A little vocabulary, literature and grammar will be covered to improve the French Language.

Tuesday 10.00am - 11.30am (8wks) \$150.00

French - Ideal for Beginners

An Introduction to the French Language.

Tuesday 6.00pm - 8.00pm (8wks) \$150.00

French Intermediate

Competency with an in depth understanding of the French language is required.

Monday 6.00pm - 8.00pm (8wks) \$150.00



Languages

Spanish for Travellers/Beginners

Learn about this wonderfully colourful country and it's culture, how to get around Spain or Hispano-America.

Monday 7.00pm - 8.30pm (8wks) \$150.00

Spanish Intermediate Level 1

Knowledge of the Spanish language is essential.

Thursday 7.00pm - 8.30pm (8wks) \$150.00

Italian for Travellers/Beginners

If you are planning a trip to Italy and are looking to learn some of the basics of the Italian language, then this is the course for you. Our course will help you develop your language skills and give you the confidence to socialise in a variety of settings

Thursday 10.30am - 12.00pm (8wks) \$150.00

Italian Level I

Knowledge of the Italian language is essential.

Monday 1.00pm - 2.30pm (8wks) \$150.00

Italian Level II

Competency with an in-depth understanding of the Italian language is required.

Wednesday 7.30pm - 9.00pm (8wks) \$150.00



Arts and Crafts

Bobbin and Lace

This creative and relaxing craft dates back to the 16th century. Now a popular hobby, this intricate craft includes use of tools almost as attractive as the lace produced. Projects can be adapted to classic or modern applications. Beginners welcome.

Monday 1.00pm - 3.00pm & 7.30pm - 9.30pm or Tuesday 1.00pm - 3.00pm (8wks) \$130.00

Bobbin and Lace Group

Join the fun of working on your own project in the company of other lace makers. Exchange lacework ideas in a warm and friendly environment. Members require comprehensive knowledge of lacework .

Thursday 7.30pm - 9.30pm \$4.00 per session



Arts and Crafts

Spinners and Knitters Group

Join the group and chat whilst working on your knitting or spinning project. Share your experiences with other like minded people.

**2nd & 4th Wednesday of each month
1.00pm - 3.30pm \$3.00 per session**

Floral Art

All styles of floral arrangements are covered. Produce stunning arrangements like a professional. Classes can be tailored to suit individual requirements. All levels welcome. Flowers are not included.

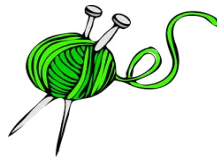
**Thursday 10.00am - 12.00pm (8wks)
\$130.00**



Knitting & Crocheting Class

Basic instruction for beginners including stitches, following patterns and basic patterns with textures. More advanced stitches and patterns for those who already have some knowledge.

**For bookings and schedule
please contact the ACC for
Term 1 & 2 classes**



Patchwork Group

Join in the fun of working on your own project in the company of other patch workers. Exchange patchwork and quilting ideas in a warm, friendly environment. Members require a comprehensive knowledge of patchwork.

**Thursday 1.00pm - 3.00pm
\$4.00 per session**



NEW! Nuno Felting - One Day Workshops

Learn how wool fibres attach themselves to silk, cotton gauze, lace or any open weave fabric. In this workshop you will make a silk or wool scarf, shawl or cocoon jacket.

**Sunday 18th March 10.00am - 4.00pm
Sunday 13th May 10.00am - 4.00pm
\$65.00 per class**

NEW! Felting - 3 Hour Workshops Felted Jewellery

During this workshop we will make bracelets, earrings and necklaces.

**Monday 18th June 9.15am - 12.15pm
\$45.00 per class**

Arts and Crafts

NEW! Felting - 3 Hour Workshops Felted Flowers

Learn the magic of making beautiful flowers by adding soapy water to colourful wool fibre and sculpting it into flowers. Create original brooches, earrings or even use the flowers to decorate hats or bags. No previous felting experience necessary.

**Monday 19th March 9.15am - 12.15pm
\$45.00 per class**

Children/Preschool Activities

NEW! Mini Maestros

Mini Maestros offers fun and educational music classes for children ages 6 months to 5 years. The music classes enhance children's development while they are having fun.

**Wednesdays 9.15am - 10.15am
Phone ACC for contact details.**



Drawing, Thinking & Writing

Chinese Painting

Discover the art of Chinese brush painting. Learn basic techniques, traditional brush strokes and the use of Chinese inks and colours. Materials kit can be purchased from the tutor.

**Wednesday 10.00am - 12.00pm (8wks)
\$135.00**



Drawing and Thinking

Enjoy exploring basic drawing principles and skills whilst connecting with the thinking involved in major art movements. All levels welcome.

**Friday 9.45am - 12.00pm or
Friday 1.00pm - 3.15pm (8wks)
\$160.00**



NEW! Family History

Anne Carson is widely published, broadcast and an award winning poet. She aims to help students discover their own unique voice to write their family history and at the same time help them find a structure for their piece. Suitable for beginners and more advanced students.

Monday 10.00am - 12.00pm (8wks) \$155.00

Drawing, Thinking, Writing

Watercolour

Develop your painting skills and individual style in a friendly atmosphere with like minded people. Some experience is desirable.



**Tuesday 1.30pm - 3.30pm
(8 wks) \$130.00**

Advanced Watercolour

Continue to develop your painting skills and individual style.



**Monday 1.00pm - 3.00pm or
Tuesday 7.30pm - 9.30pm
(8 wks) \$130.00**

The Artist's Brush

Explore the use of acrylics, pastel, oil and watercolours. Beginners welcome.

Wednesday 1.00pm - 3.00pm (8wks) \$150.00

Home and Garden

French Polishing

Jazz up an old piece of furniture with a beautiful French polished finish. Bring your own project to work on. Materials fee payable to tutor. No storage is available.

**Tuesday or Thursday 7.30pm - 9.30pm or
Wednesday 1.00pm - 3.00pm (8wks) \$170.00**

Cushion Making

Learn to make beautiful, quality cushions in shapes and finishes to suit your décor. Many techniques covered including choosing the right fabric, matching stripes, piping and frills. Bring your own sewing machine.

Tuesday 10.00am - 12.00pm (8wks) \$150.00

Upholstery

Give a fresh lease of life to your old chairs, stool or couch. Jazz up that special piece to fit in with your home and colour scheme. Classes are suitable for all levels with the tutor guiding you through the process. Storage is not available.

**Thursday 9.30am - 3.00pm
(4 wks) \$180.00**

Enrolment Policy

Annual Membership

of Ashburton Community Centre is required by all centre users.

2012 membership fees are **\$10.00** adults and **\$5.00** children.

Membership is valid until the 31st December 2012

Enrolments: May be made in person, by telephone or by mail. If booking by telephone please have your credit card ready (Visa or MasterCard only).

Enrolments are unable to be held without payment.

All Refunds and Term Credits are subject to an Administration withdrawal fee of \$30.00. Refunds and Term Credits cannot be made after a course has commenced.

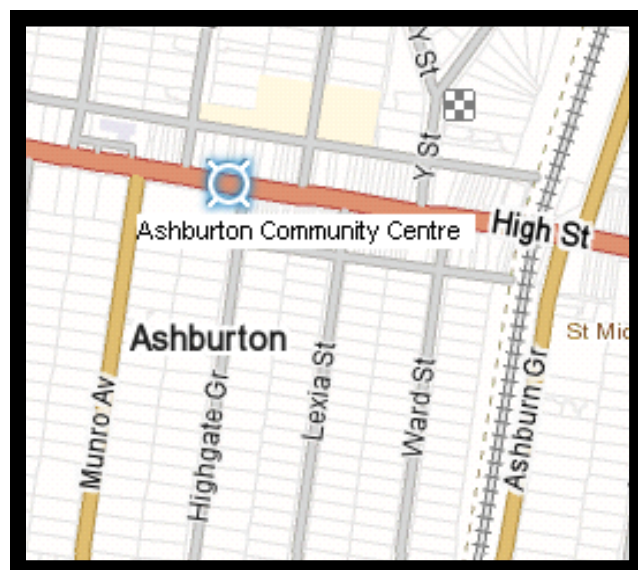
No Refund/Credit will be issued for missed classes.

Courses may be cancelled : if there are insufficient bookings to make the course viable. In which case the course fees will be refunded.

No materials are supplied in the courses unless otherwise specified.

A Materials list will be supplied on payment of the course fee.

There are no classes on Public Holidays



We are located next to the
Ashburton Library